

Syllabus

The student is strongly advised to acquire and read the course texts prior to the beginning of the course for the greatest chance of academic success in this course. These texts are available from the Providence Bookstore.

Course Description

A biblical and theological reflection on, and examination of common issues and concerns normally associated with the need for psychological treatment. Etiology, diagnosis, and treatment/care will be addressed. Foci of study may include depression, anxiety, loneliness, addictions, gender issues and human sexuality.

Course Objectives

- 1) An orientation to the use of DSM-IV enabling students to provide a working diagnosis of abnormal behavior based on accepted DSM-IV criteria and multi-axial classification.
- 2) An understanding of the biological, sociological, psychological and spiritual aspects of psychopathology.
- 3) Conceptualize psychopathologies employing both sound theological foundations and responsible clinical acumen in order to develop an assessment, diagnostic and treatment framework that is both clinically responsible and theologically sound.
- 4) Encourage a critical and creative exploration of the relationship between Christian spirituality and psychopathology.

Required Texts

American Psychiatric Association. (2000). *Quick reference to the diagnostic criteria of DSM IV TR*. Washington, DC:: Author.

Barlow, D. (Ed.) (2009) *Clinical handbook of mental disorders (4th ed.)*. New York: Guilford.

Greene-McCreight, K. (2006). *Darkness is my only companion*. Grand Rapids, MI: Brazos

Course Requirements

1) Five Journal Articles: Review and Respond

Locate five journal articles on five different psychopathologies. These articles may focus on etiology, treatment or some other therapeutic aspect of the disorder. For each article, briefly review the content in a thoughtful manner. Respond to and critique the content, including both application for counseling practice and a theological reflection. Each should be 3-5 pp. in length. **Attach the article to your paper for submission. These assignments are due April 05, 2010. (Total value for this requirement = 5x10=50%)**

2) Response to Greene-McCreight

Prepare a four page letter in response to *Darkness is my only companion*. This letter should be both personal and professional in content, that is, respond to her as one person to another, and respond to her as a counseling professional. What did you agree with, with what do you take exception, what resonated, what would you add to advance her psychospiritual understanding of her story. **This assignment is due April 05, 2010. (Total value for this requirement = 15%)**

3) Prepare A Psycho-educational Seminar

Prepare a seminar or workshop for delivery in a church or community setting pertaining to one of the disorders discussed in this course. Submit the presentation for grading (you are **not required** to deliver the seminar/workshop).

- This presentation should reflect specialized knowledge of the disorder, drawing from class notes, but augmenting class material with your own substantial research.
- This presentation should be prepared such that it can be grasped by an interested lay-audience.
- For grading purposes, the project should be submitted either in video or in a thorough (i.e. not talking points) written form. The document submitted should be complete.
- Presentation should reflect a holistic, biopsychospiritual understanding of people and mental illness.
- Include two bibliographies - an annotated bibliography for your seminar participants, and a list of works used in the preparation of the material.

This assignment is due April 05, 2010. (Total value for this requirement = 35%).

Miscellany

Submissions

Submissions may be made in hardcopy or email. They must be posted by the due date. Late assignments will be penalized. Email submissions should have a running header on each page identifying the work. They can be posted to don.russell@prov.ca

(Tentative) Class Schedule

Students should read Barlow and Greene-McCreight prior to the course start-date so they are prepared to discuss that material in class.

Session #	Date	Topic
1	Mar 01, AM	Introduction and Diagnosis
2	Mar 01, PM	Diagnosis and Prognosis
3	Mar 02 AM	A biopsychospiritual vulnerability model of pathology
4	Mar 02, PM	Schizophrenia, Bi-polar Disorder
5	Mar 03 AM	Unipolar depression
6	Mar 03, PM	Anxiety Disorders
7	Mar 04 AM	CFS, IBS, FM, Somatoform and Factitious Disorders
8	Mar 04 PM	Dissociative Disorders, Personality disorders
9	Mar 05 AM	Sexual Disorders and Gender Identity Disorders
10	Mar 05 PM	Eating Disorders

Useful Websites

Dr. Grohol's Psych Central <http://psychcentral.com/resources/>

Centers for Disease Control <http://www.cdc.gov/>

National Institutes of Mental Health, particularly "For Practitioners" section
<http://www.nimh.nih.gov/>

Mental Health: A Report of the Surgeon General
<http://www.surgeongeneral.gov/library/mentalhealth/home.html#topper>

Suggested Reading

- Allender, D., (1990). *The wounded heart*. Colorado Springs: NavPress.
- Allender, D., Longman T. (1995). *Intimate allies*. Wheaton: Tyndale House.
- Allgeier, A., Richard, A., Allgeier, E. (1999). *Sexual Interactions*. Lexington, MA: Heath.
- American Psychiatric Association (2000). *Diagnostic and statistical manual of mental disorders (4th ed., TR)*. Washington, DC: Author.
- Arieti, S., Bemporad, J. (1978). *Severe and Mild Depression: The Psychotherapeutic Approach*. Northvale, NJ: Jason Aronson.
- Barnet, R.C, L. Biener, & G.K. Baruck. (1987). *Gender and stress*. New York: Free Press.
- Bassuk, E., Schoonover, S., Gelenberg, A. (1983). *The practitioner's guide to psychocactive drugs*, 2nd ed., New York: Plenum.
- Beck, A., Emery, G. & R.L Greenberg. (1985). *Anxiety disorders and phobias*. New York: Basic Books.
- Beck, A., Rush, & Shaw. (1979). *Cognitive therapy of depression*. York, PA: Guilford Press
- Bellack, A., Hersen, M, eds.(1990). *Handbook of comparative treatments for adult disorders*. Toronto: John Wiley.
- Bowlby, J. (1969). *Attachment and loss.*, vols. 1,2,3. New York: Basic Books.
- Bruch, H. (1978). *The golden cage: The enigma of anorexia nervosa*. New York: Vintage Books.
- Ciarrocchi, J. (1995). *The doubting disease: Help for scrupulosity and religious compulsions*. Paulist Press.
- Claude-Pierre, P. (1997). *The secret language of eating disorders*. Vintage books.
- Crabb, L. (1986). *Men and women: Enjoying the difference*. Grand Rapids, MI: Zondervan.
- Gillian, C. (1982). *In a different voice: Psychological theory and women's development*. Cambridge: Harvard University Press.
- Fauman, M. (1994). *Study guide to DSM-IV*, Washington, D.C.: American Psychiatric Press.
- Fratraroli, E. (2001). *Healing the soul in the age of the brain*. New York: Penguin
- Garner D., Garfinkel P. (Eds). (1997). *Handbook of treatment for eating disorders* (2nd ed.) Lexington, PA: Guilford Press.
- _____. (1985). *Handbook of psychotherapy for anorexia nervosa and bulimia*. Lexington, PA: Guilford.
- Gitlin, Michael J. (1990). *The psychotherapist's guide to psychopharmacology*. (2nd ed.) Free Press
- Hedaya , Robert J. (1996). *Understanding biological psychiatry* New York: W.W. Norton.
- Hoffman, S., Tompson, M., (2002). *Treating Chronic and severe mental disorders*. New York: Guilford.
- Jack, D. (1993). *Silencing the self: Women and depression*. New York: Harper Collins.
- Jenkins, S.C., and Szymanski, S.R. (1994). *A pocket reference for psychiatrists*. Washington, D.C.: American Psychiatric Press.

- Jongsma, A., Peterson, L. (1999). *The complete adult psychotherapy treatment planner*. New York: Wiley.
- Karr-Morse, R., Wiley, M. (1997). *Ghosts from the nursery*. New York: Atlantic Monthly Press.
- Kramer, P. (1997). *Listening to prozac*. New York: Penguin.
- Leahy, R. Holland, S. (2000). *Treatment plans and interventions for depression and anxiety disorders*. New York: Guilford.
- Levant R., Brooks, G. (1997). *Men and sex: New psychological perspectives*. New York: John Wiley.
- Livealey, W. John. (Ed.), (1995). *The DSM-IV personality disorders*. Lexington, PA: Guilford Press.
- Lloyd-Jones, M. (1965). *Spiritual depression*. Grand Rapids, MI: Eerdmans.
- Maxmen, J S., Ward, N.G. (1995). *Essentials of psychopathology*, (3rd ed.), New York: Norton.
- McCullough, J. (2000). *Treatment of chronic depression*. New York: Guilford.
- Miller, L. (1998). *Shocks to the system: Psychotherapy of traumatic disability syndromes*. New York: Norton.
- Minirth, F., Meir, P. (1988). *Happiness is a choice*. Grand Rapids, MI: Baker House.
- Oltmanns, T.F. and Emery, R.E. (1995). *Abnormal psychology*. Englewood Cliffs, N.J.: Prentice Hall.
- Preston, J., O'Neal, J. Taloga, M. (2002). *Handbook of clinical psychopharmacology for therapists*. (3rd. Ed.) New Harbinger Pub.
- Rothschild, B. (2000). *The body remembers*. New York: W.W. Norton.
- Russell, Diana, (1986). *The secret trauma*. New York: Basic Books.
- Scaer, R., (2001). *The body bears the burden: Trauma, dissociation and disease*. Binghamton, NY: Haworth.
- Schnarch, David M. (1991). *Constructing the sexual crucible: An integration of sexual and marital therapy*. New York: W.W. Norton.
- Seligman, M. (1990). *Learned optimism: How to change your mind and change your life*. New York: Pocket Books.
- Smith, B. L. (1996). *Interpersonal diagnosis and treatment of personality disorders*. (2nd Ed.) Lexington, PA: Guilford Press.
- Sperry, Len, (1995). *Psychopharmacology and psychotherapy*. New York: Brunner/Mazel.
- Wilson, R. (1995). *Counseling and community*. Nashville, TN: Word.
- Zerbe, K. (1995). *The body betrayed: A deeper understanding of women, eating disorders, and treatment*. Guize Designs and Books.
- Zuckerman, E. (2000). *Clinician's thesaurus*. (5th). New York: Guilford Press.