

Providence Theological Seminary
CP 5102 *Human Development*
Calgary Campus: August 22-26, 2011 (9:00 am. To 5:00 pm.)

Syllabus

Professor: Melanie Thiessen., MA in Counselling Psychology; **D.Min** in Marriage and Family Counselling

Important Details for Students enrolled or intending to enroll:

- ** Students need to contact the Professor ASAP to be put on the class e-mail list for updates, final syllabus and class handouts list and pre-course work.**
- ** This course has required pre-course work Due August 22nd.**
- ** Professor will strive to respond to students within two business days between Tuesdays and Fridays (except for periods of time when I am out of the office). Students using e-mail to send course work will need to ensure they receive confirmation within two days from the professor.**

Contact Information: melanie.thiessen@prov.ca
Tuesday to Friday at Turning Point Counselling (204-669-4290)

Course Syllabus

Course Description:

This course is an introduction to human development across the lifespan, from pre-natal development through childhood, adolescence, adulthood, and old age. Course content will focus on physical, social, cognitive, and personality development and its implication for counseling and psychotherapy. In addition, spiritual development will be discussed, with an attempt to integrate it with other aspects of human development.

Course Objectives:

1. Demonstrate knowledge of current theory, research, and practical/clinical application of human development concepts.
2. Demonstrate ability to reflectively integrate spirituality and Christian faith concepts into course material.

Required Textbook:

Ivey, Allen E., Ivey, Mary Bradford; Myers, Jane E., Sweeney, Thomas J. (2005). *Developmental Counseling and Therapy Promoting Wellness over the Lifespan* (1st ed.). Scarborough, ON: Nelson

Folwer, James.(1995). *Stages of Faith: Psychology of Human Development*. New York, NY: HarperColins

Course Requirements:

Pre-Course Work:

A. Main Required Text Reading and Assignment Log: *Developmental Counselling and Therapy*

The reading and assigned exercises in this text are important for in class discussion and role plays. These need to be completed before the first day of class. The work in this text, if done well, will prepare you for the post work assignments. See Reading and Assignment Log

At the end of each chapter there is a Portfolio reflection. These need to be typed (you may use point form to highlight some of the questions) and turned in the first day of class. Please bring two copies, one for yourself and one for the professor.

Your text/workbook with Appendix A will need to be turned in at some point for the other exercises. You may flag more personal areas for the professor to skip over.

Due Date: August 22, 2011 -- 9:00 A.M.

Grade Value: 30%

Class Course Work:

B. Attendance and Active Participation in Class Activities, Discussions and Role Plays

Grade Value: 5 %

Post Course Work

C. Developmental Journey:

Examine a period of middle adulthood and choose an event or person or time you consider to be particularly formative of your psycho-spiritual development. How did this experience influence your psychological and spiritual growth? How is this experience similar to and/or different from psychological theories and faith development theories (e.g. Fowler) espoused regarding this particular life stage. (5-7 pages maximum)

Due Date: September 15, 2011

Grade Value: 25%

D. Life Span Assessment Interview: Assessment, Case Conceptualization and Treatment Plan

The purpose of this paper is to integrate an individual's personal developmental history with the psychosocial dynamics discussed class and your readings. The first part of the paper will be a biography that describes personal life experiences of your interviewee in a developmental context. Your interview will form your written case study in which you will then:

1. Conceptualize the case using the developmental approach to therapy (Chapter 1-3)
2. Provide a preliminary developmental assessment (Chapter 4)
3. Lay out a developmental intervention and strategies, both psychological and spiritual (Chapter 5, 13)

To complete this Assignment, you will need to find a volunteer subject for the assessment (no

immediate family members and preferably not a relative). The person will need to be at least 50 years old and willing to spend a number of hours with you, providing you with a detailed account of their life story. Consent forms will need to be signed. (Maximum 10 pages)

Date Due: October 13th, 2011

Grade Value: 30%

E. Reflective/Integrative Essay

You will be moving from theory into practice.

After finishing: the course - Chapter 14 in the text - all the readings and assignments - Appendix 5 on page 423

Reflect on what you have learned about yourself, developmental approaches, and how this will inform your work with clients. (Maximum 5 pages).

Date Due: October 20th

Grade Value: 10%

Notes:

- Please email all essays to melanie.thiessen@prov.ca
- All papers must follow the APA format and be free of grammatical and spelling errors, and reflect Master-level scholarship.
- Assignments must be turned in on the date they are due. Deductions will be given to late assignments 1% per day up to 5%. Extensions will generally not be granted unless there are extenuating circumstances. Students need to contact the professor before the assignment is due to make arrangements.
- Class will start on time and end on time. Students are asked to make every effort to be in class at the appointed times in order to facilitate role plays and discussions.

See Assignment Reading Log Below

Appendix A

Developmental Counselling and Therapy Text: Student Reading and Assignment Log

DATE DUE: August 22

Student _____

Chapter

Reading and Assignments

Date Completed

Chapter	Reading and Assignments	Date Completed
Before You Start pg1-13	Read all pages Answer: <ul style="list-style-type: none">• Pg 5-7	
Ch 1	Read all pages Answer: <ul style="list-style-type: none">• Pg. 20• Pgs 34-37 all exercises	
Ch 2	Read all pages Answer: <ul style="list-style-type: none">• Exercises 1-3 (pg 63-65)• Exercise 8 – 9 (pg 66)	
Ch 3	Read all pages Answer: <ul style="list-style-type: none">• pg 86• Exercises 1-3 (pg 88-91)• Exercise 11 (pg 94)	
Ch 4	Read all pages Answer: <ul style="list-style-type: none">• Pg 110, 113, 116, 118• Exercises 1-4• Exercise 11	
Ch 5	Read all pages Answer: <ul style="list-style-type: none">• pg 142-143, 151, 153-155, 157• Exercises 1-3• Exercise 10 (pg. 167)	
Ch 6	Read all pages Answer: <ul style="list-style-type: none">• Pg 174, 177,• Exercise 1-3• Exercise 8	
Ch 7	Read all pages Answer: <ul style="list-style-type: none">• Pg 207,229-231• Exercise 1-3• Exercise 7	

Ch 8	<p>Read all pages</p> <p>Answer:</p> <ul style="list-style-type: none"> • Pg 247 • Exercise 1 – 5 • Exercise 10 	
Ch 9	<p>Read all pages</p> <p>Answer:</p> <ul style="list-style-type: none"> • Exercise 1 – 2 • Exercise 7 	
Ch 10	<p>Read all pages</p> <p>Answer:</p> <ul style="list-style-type: none"> • Pg 316-318 • Exercise 1 • Exercise 6 	
Ch 11	<p>Read all pages</p> <p>Answer:</p> <ul style="list-style-type: none"> • Pg 336 • Exercises 1 and 6 • Exercise 7 	
Ch 12	<p>Read all pages</p> <p>Answer:</p> <ul style="list-style-type: none"> • Exercises 1 – 3 • Exercise 9 	
Ch 13	<p>Read all pages</p> <p>Answer:</p> <ul style="list-style-type: none"> • Pg 367 – 368, 371, 379 • Exercises 1 – 2 • Exercise 7 	

- The last exercise in each chapter is your Portfolio question to type and turn in the first day of class (hard copy).