

Professor: Stan Hamm, Ph.D.

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Office: Administration, Level 3, 3A16

Office Hours: Tuesday (1:00 – 4:00 p.m.) and Wednesday (1:00 – 4:00 p.m.)

Dates: Fridays, 8:30 – 11:15 a.m.

Room:

SYLLABUS

COURSE DESCRIPTION

This course is designed to introduce the student to human development across the lifespan, from conception to death. The course will address the physical, social, cognitive, emotional, personality, and spiritual development through these lifespans. The integration of these factors will also be considered. The goal is that the student will be equipped to address psychological challenges as a Christian and professional.

COURSE OBJECTIVES

As a result of this course students will:

1. Understand lifespan development themes (in the physical, social, intellectual, emotional and moral areas), and theories of developmental psychology as to their implications for counseling.
2. Integrate themes and related theories to spiritual, moral, and Christian faith development.
3. Examine their own personal and spiritual development as well as implications for counseling.
4. Analyze contemporary counseling ministries in the light of lifespan thinking and age group needs.
5. Apply developmental psychology concepts to counseling ministries.

COURSE TEXT

Required:

Crain, William. *Theories of Development: Concepts and Applications*. Sixth Edition. Upper Saddle River, New Jersey: Prentice Hall, 2010.

Recommended:

Boyd, D., Bee, H., Johnson, P., (Editors). *Lifespan Development*. Third Edition. Toronto, ON: Pearson, 2009.

COURSE REQUIREMENTS

1. Readings:

The student will read the text, and submit a 4-5 page critical review/reflection of a portion of the material in the text. In addition to this review/reflection, the student must submit 3-5 thought-questions related to the field of education or to the field of counseling.

Due: Oct. 8

2. Writing:

a. Life Development Story (Education and Counselling Students) – Students will write an 8-10 page paper tracing their development through the stages of life to date. The student should note influences on them at various stages and transitions and how these have affected them as a person. The student should note both positive and negative influences in the different areas such as social, spiritual, intellectual, moral, emotional and physical.

Due: Oct. 22

b. Analysis of Church or Para-Church Ministry (Education Student) – Students will analyze a church or para-church ministry to discover how the programming is geared for and ministering to lifespan development and age group thinking. The analysis of 6-8 pages should also contain ideas the student will use or avoid in future ministry.

Due: Nov. 12

- b. Application of a Theory (Counselling Student) – Students will apply a theory of human functioning as to developmental transitions and challenges across the lifespan. The application will also include integrating the theory as it affects human functioning, including social, biological and family factors. The role of religion and spirituality will be considered as well as moral development and reasoning. Finally, the theorist’s beliefs about wellbeing and distress will be applied. (6-8 pages)

Due: Nov. 12

3. Practice

- a. Personal Observation Project – Students will personally observe two groups of people; children, adolescents or adults. These observations will be done in a group setting (daycare, classroom, etc.) in order for the student to gain first-hand experience with people of different age groups. Students should observe aspects such as social interaction, physical features, emotional responses, mental/cognitive aspects, as well as spiritual/moral components. Students will also submit 5-6 principles that they have gained from this observation. This may be recorded in point form (8-10 pages).

Due: Dec. 3

- b. Role Plays – Students will write role plays/sketches that simulate their professional practice whether in the area of counselling or in the area of education. This will be done in groups.

Due: Dec. 17

COURSE GRADING

Text Reading/Reviews/Participation	15%
Life Development Story	20%
Theory Application Or Analysis	25%
Personal Observation	20%
Role Plays	20%

COURSE SCHEDULE

September 10	Introduction to the Course and Syllabus Integration of Theology and Psychology
September 17	Biblical Dimensions of Human Personality Nature, Nurture and Free Will
September 24	The Science of Developmental Psychology
October 1	Physical Development
October 8	Physical/Intellectual Development
October 15	Intrasection
October 22	No Class
October 29	Intellectual Development
November 5	Emotional Development
November 12	Emotional/Social Development
November 19	Intrasection
November 26	Social Development
December 3/10	Moral/Spiritual Development
December 17	Class Presentations